



SETTLE LOOP TOUGH TRAIL RACE



Reg charity no: 1086093

9.5 miles/1500ft

Sunday September 13 2009, 10.30am, Drill Hall, Settle
Raising money for Settle's Beavers, Cubs and Scouts.

The race follows the route of the "Settle Loop" of the Pennine Bridleway. It is a challenging race following established bridleways on green lanes, tracks, grassy and rocky paths, includes approx 1 mile on tarmac, and has some steep uphill sections. Runners are taken through stunning limestone scenery with extensive views of the Three Peaks area and Malham Tarn, one of the most beautiful parts of the Yorkshire Dales.

Prizes in all categories including 1st local male and female (with a BD24 home postcode). Spot prizes.

Register at the Drill Hall, no parking at the Drill Hall, parking in local public car parks only.

Start approx 5-10 mins walk from registration.

Entry fee: £6 (affiliated)/£8(unaffiliated) in advance - £8/£10 on day if limit of 200 not reached. Includes hot drink and homemade cakes at the finish. Minimum age 18 yrs.

Please note this race is run under FRA rules, and as such all competitors should come prepared to meet the minimum kit requirement which may (at the organiser's discretion) include all or some of: waterproof jacket, waterproof trousers, map, compass, whistle, hat, gloves.

Inquiries to Tracy Wilson, Croft Cottage, Commercial Street, Settle, BD24 9HP;

Tel: 01729 823073; email: viviennetwilson@aol.com

SETTLE LOOP TOUGH TRAIL RACE ENTRY FORM

Race number _____

Full name _____

Address _____

Phone number _____ Mobile _____

Email _____

Vehicle reg _____ Club _____

Date of birth _____ Category (please circle) M/F/MV40/LV40/
MV50/LV50/MV60/LV60/MV70/LV70/Local

Emergency contact _____ Phone _____

I UNDERSTAND THAT THIS RACE IS HELD IN ACCORDANCE WITH BOTH THE RULES AND SAFETY REQUIREMENTS OF THE FRA. I CONFIRM THAT I AM AWARE OF THE ORGANISER'S INFORMATION AND REQUIREMENTS IN CONNECTION WITH THIS RACE. I ACCEPT THE HAZARDS INVOLVED IN FELL RUNNING AND ACKNOWLEDGE THAT I AM ENTERING AND RUNNING THIS RACE AT MY OWN RISK. OTHER THAN THE ORGANISER'S LIABILITY FOR CAUSING DEATH OR PERSONAL INJURY BY NEGLIGENCE, I CONFIRM THAT I UNDERSTAND THAT THE ORGANISER ACCEPTS NO LIABILITY TO ME FOR ANY LOSS OR DAMAGE OF ANY NATURE TO MYSELF OR MY PROPERTY ARISING OUT OF MY PARTICIPATION IN THIS RACE.

Signed _____ Date _____

Please send with SAE and cheque payable to "1st Castleberg (Settle) Scout Group" to T Wilson, Croft Cottage, Commercial Street, Settle, North Yorkshire, BD24 9HP by September 6th 2009.